

1-21 **AUGUST** 2024

21

21 days of

**PRAYER &
FASTING**



WE ARE A CHURCH OF **PRAYER.**





WE'RE EXCITED TO GROW CLOSER TO GOD!

We're excited to grow closer to God as we fix our
attention on Him during our
21 DAYS OF PRAYER & FASTING.

We're going to learn more about who God is and how
we are called to live as we study selected passages
from 1 Peter and 2 Peter each day.

We are excited to see what God does in your life and in
the life of our church!

(Please find more details about fasting on page 28.)



“I will cast all my cares, all my anxieties,
all my worries, and all my concerns
once and for all on the Lord, for He
cares about me with deepest affection,
and watches over me very carefully.”

Adapted from
1 PETER 5:7

21 days  of **PRAYER & FASTING.**



We trust that as you read the selected passages of 1 Peter and 2 Peter each day, you will start to see and learn new things and that God will reveal Himself to you in a fresh way! Our prayer is that you will dig deep into the Word and truly hear and receive revelation from the scriptures. We are going to use the **SOAP** method!

WHAT DOES SOAP MEAN?

S - Stands for Scripture - Take time each day to read the verses of the day and allow God to speak to you. Look for the verse or verses that stand out to you that day and write it out.

O - Stands for Observation - What do you see in the verses that you're reading? Who is the audience? Is there a repetition of words? What words stand out to you? What do you think God is saying to you in this specific scripture? Ask the Holy Spirit to speak to you.

A - Stands for Application - This is when God's Word becomes personal. Ask yourself how the scripture can apply to your life right now & write it down. It can be an instruction, encouragement, correction for an area of your life, or a promise. What is God saying to you? What changes do you need to make? Is there an action that you need to take?

P - Stands for Prayer - Pray God's Word back to Him. If He has revealed something to you during this time in His Word, pray about it! Ask God for greater insight on what He may be revealing to you. If God has revealed some sin in your life, confess it to Him. Don't forget that prayer is a two-way conversation. We speak to God and God speaks to us!

Studying God's Word like this can take as little or as long as you have time to give. Some days it can take just 10 or 15 minutes, other days longer.

DAY 1

1 PETER 1:1-7

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are a church of prayer.

DAY 2

1 PETER 1:8-16

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

So others may live.

DAY 3

1 PETER 1:17-25

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are Hope Family.

DAY 4

1 PETER 2:1-9

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

It's all about Jesus.

DAY 5

1 PETER 2:10-12

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

God loves you.

DAY 6

1 PETER 2:13-22

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

You are valuable.

DAY 7

1 PETER 2:23-25

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are a church of prayer.

DAY 8

1 PETER 3:1-7

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

So others may live.

DAY 9

1 PETER 3:8-16

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are Hope Family.

DAY 10

1 PETER 3:17-22

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

It's all about Jesus.

DAY 11

1 PETER 4:1-8

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

God loves you.

DAY 12

1 PETER 4:9-11

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

You are valuable.

DAY 13

1 PETER 4:12-19

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are a church of prayer.

DAY 14

1 PETER 5:1-7

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

So others may live.

DAY 15

1 PETER 5:8-13

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are Hope Family.

DAY 16

2 PETER 1:1-4

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

It's all about Jesus.

DAY 17

2 PETER 1:5-11

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

God loves you.

DAY 18

2 PETER 1:12-21

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

You are valuable.

DAY 19

2 PETER 2:1-22

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are a church of prayer.

DAY 20

2 PETER 3:1-9

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

So others may live.

DAY 21

2 PETER 3:10-18

SCRIPTURE

OBSERVATION

APPLICATION

PRAYER

We are Hope Family.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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FASTING

The goal of fasting is to draw closer to God. Whenever you feel hungry or whenever you desire to have the specific thing you are fasting, speak to God and tune in to hear from Him!

Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It also enables us to celebrate the goodness and mercy of God and prepares our hearts for all the good things God desires to bring into our lives.

Remember, your personal fast should present a level of challenge, but it is very important to know your body, your options, and, most importantly, to seek God in prayer and follow what the Holy Spirit leads you to do. Fasting requires reasonable precautions. It might be necessary to consult your doctor first, especially if you take prescription medication, or have any chronic illnesses. Some people should never fast without professional supervision. Please also visit our website and read an article called; 'Steps to Successful Prayer and Fasting' before you start your fast.

Below are some types of fasts:

Selective Fast

This type of fast involves removing certain elements from your diet, like caffeine or sugar.

Partial Fast

This fast is sometimes called the "Jewish Fast" and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6am to 3pm, or from sunrise to sunset.

Complete Fast

In this type of fast you drink only liquids; typically water with light juices as an option.

Soul Fast

This fast is a great option if you do not have much experience fasting food, have health issues that prevent you from fasting food, or if you wish to refocus certain areas of your life that are out of balance. For example, you might choose to fast the internet for certain times during each day, or not watch television for the duration of the fast.

SCRIPTURE REFERENCES



Matthew 6:16-18 | Matthew 9:14-15 | Luke 18:9-14
Acts 27:33-37 | Nehemiah 9:1-3

WE PRAYED

& pleaded with our God about this and

HE GRANTED

OUR REQUEST.

EZRA 8:23

3 Tips to make the most out of
FASTING

1.

FASTING ISN'T A DIET, IT'S A DISCIPLINE.

Fasting is giving up what satisfies you physically to grab ahold of what sustains you eternally.

2.

IF YOU MESS UP, DON'T GIVE UP!

All of us make mistakes or accidentally eat that leftover pizza out of habit. If you break the fast in a moment, just jump right back in!

3.

DON'T DO IT ALONE!

Commitments last longer in a community! Ask a friend, family member, your Small Group, or a volunteer who serves on our Dream Team with you to jump in and fast with you!

